

Faculty of Medicine Wellness Program

Immediate Support:

For emergencies on campus: 613-562-5411.

For emergencies off-campus: 9-1-1.

First Point of Contact (non emergency services):

Faculty of Medicine Wellness Program

email: wellness@uottawa.ca

Phone: 613-562-5800- ext.8507

Location: RGN3028, 451 Smyth Road, Ottawa

Website: <https://med.uottawa.ca/professional-affairs/faculty-wellness-program>

Wellness Supports

Student Health and Wellness Centre: 613-562-5498

email : healthpromo@uOttawa.ca

Location: 801 King Edward, Room N203

Mental Health Crisis Line (Bilingual): 613-722-6914 , 1-866-966-0991
<https://crisisline.ca/>

Good2Talk: 1-866-925-5455

<https://good2talk.ca/ontario/crisisline.ca/> - ext.8507

Tel-Aide Outaouais Help Line: 613-741-6433 , 1-866-966-0991



Graduate Student Association



uOttawa